

1. Course Name:
Mental Health Nursing
2. Course Code:
WNR-42-01
3. Semester / Year:
Fourth year/ First Semester
4. Description Preparation Date:
1/10/2024
5. Available Attendance Forms:
Class attendance forms
6. Number of Credit Hours (Total) / Number of Units (Total)
Number of Credits Hours (7) = (4) Theoretical (3 Hours Per Week) + (3) Clinical (12 Hours Per Week)
7. Course administrator's name (mention all, if more than one name)
Name: Assist. Prof. Dr. Dhafer Ameen Jabbar Al-Mossawy Email: dhafer.ameen@uowa.edu.iq
8. Course Objectives

	<p style="text-align: center;">At the end of this course, students will be able to:</p> <ol style="list-style-type: none"> 1. Discuss the trends, foundations, and concepts of mental health nursing. 2. Identify the community based nursing care (mental health promotion and mental illness prevention.) 3. Describe the ethical and legal issues in nursing. 4. Identify the mental health nursing theories. 5. Differentiate between neurotic and psychotic disorders. 6. Demonstrate professional interview and identify patient's problems. 7. Identify and assist in providing special treatment modalities. 8. Describe different types of psychiatric disorders. 9. Recognize client behaviors and problems. 10. Change the student's attitudes toward mental health and mental illness nursing. 11. Appraise the nurse's role in the community mental health nursing. <ol style="list-style-type: none"> 1. Assess the mental health status of the client. 2. Identify the terminology relate to mental health and mental illness. 3. Demonstrate verbal and non-verbal therapeutic communication skills. 4. Demonstrate critical thinking skills to assess the needs for patients with mental disorders. 5. Identify and assist in providing special treatment modalities. 6. Apply therapeutic strategies to protect themselves and maintain patients' safety. 7. Implement therapeutic communication and interpersonal relationship. 8. Work collaboratively with mental health team to care for patients with mental disorders.
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	<p>9. Understand the indications, contraindications, and side effects of the basic psychopharmacological treatments.</p> <p>10. Apply the nursing process when providing nursing care for the client.</p> <p>11. Create nursing care plan to address the mental health needs of the patients and their families.</p> <ul style="list-style-type: none">• Demonstrate responsibility in handling with psychiatric patients.• Appreciate the importance of mental health in maintaining general health.• Commit to ethical standards in Psychiatric Assessment.
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1. Teaching and Learning Strategies

Strategy	<p>Methods of teaching (Theoretical)</p> <p><u>Learning Resources :</u></p> <p>Whiteboard, Posters, Handouts, video-films</p> <p><u>Teaching / Learning Strategies :</u></p> <p>Interactive lecture, Small group's discussion, Demonstration, Assignments, Video-based learning.</p> <p>-----</p> <p>Methods of teaching (Clinical)</p> <p><u>Learning Resources :</u></p> <p>Psychiatric clinics and Psychiatric teaching hospitals.</p> <p><u>Teaching / Learning Strategies :</u></p> <p>Writing reports, Case study, Clinical practice and scientific visitation, Role playing.</p>
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2. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	3	<ul style="list-style-type: none"> – Discuss the trends, foundations, and concepts of mental health nursing. – Identify the community based nursing care (mental health promotion and mental illness prevention.) 	<p>Foundation s of Psychiatric– Men Health Nursing</p>	<ul style="list-style-type: none"> – Interactive Lecture. – Presentation using audiovisuals. – Video-based learning. – Role playing. 	<ul style="list-style-type: none"> – Daily or weekly quiz. – Students' participation in the lecture, & Practical evaluation. – Seminars. – Daily oral test

		<ul style="list-style-type: none"> – Describe the ethical and legal issues in nursing. 			
2 & 3	6	<ul style="list-style-type: none"> – Identify the mental health nursing theories. – Explain the basic beliefs and approaches of the main psychosocial theories. – Identify the psychosocial theory on which each treatment strategy is based. – Identify how several of the theoretical perspectives have influenced current nursing practice. 	Theories in mental health nursing	<ul style="list-style-type: none"> – Interactive Lecture. – Presentation using audiovisuals. – Video-based learning. – Role playing. 	<ul style="list-style-type: none"> – Daily or weekly quiz. – Students’ participation in the lecture, & Practical evaluation. – Seminars. – Daily oral test
4	3	<ul style="list-style-type: none"> – Identify and discuss the components of therapeutic relationship – Discuss inappropriate techniques that impact the communication between psychiatric nurses and their clients. – Appropriately demonstrate therapeutic communication with clients who experience mental health problems. – Implement therapeutic communication and interpersonal relationship. 	Building the Nurse–Client Relationship	<ul style="list-style-type: none"> – Interactive Lecture. – Presentation using audiovisuals. – Video-based learning. – Role playing. 	<ul style="list-style-type: none"> – Daily or weekly quiz. – Students’ participation in the lecture, & Practical evaluation. – Seminars. – Daily oral test
5	3	<ul style="list-style-type: none"> – Summarize the similarities and differences in diagnostic criteria, 	Trauma and Stressor-	<ul style="list-style-type: none"> – Interactive Lecture. 	<ul style="list-style-type: none"> – Daily or weekly quiz. – Students’ participation in

		etiology, and treatment options between post-traumatic stress disorder and other disorder.	Related Disorders PTSD	<ul style="list-style-type: none"> – Presentation using audiovisuals. – Video-based learning. – Role playing. 	the lecture, & Practical evaluation. – Seminars. – Daily oral test
6 & 7	6	<ul style="list-style-type: none"> – Describe anxiety as a response to stress. – Describe the levels of anxiety with behavioral changes related to each. – Types of anxiety disorders. – Apply the nursing process to the care of clients with anxiety and anxiety disorders. – Treatment Modalities. 	Anxiety disorders	<ul style="list-style-type: none"> – Interactive Lecture. – Presentation using audiovisuals. – Video-based learning. – Role playing. 	– Daily or weekly quiz. – Students' participation in the lecture, & Practical evaluation. – Seminars. – Daily oral test
8	3	<ul style="list-style-type: none"> – Discuss etiologic theories of obsessive–compulsive disorder (OCD). – Apply the nursing process to the care of clients and families with OCD. – Provide education to clients, families, caregivers, and community members to increase knowledge and understanding of OCD and related disorders. – Evaluate your feelings, beliefs, and attitudes regarding OCD and related disorders. 	Obsessive–Compulsive and related Disorders	<ul style="list-style-type: none"> – Interactive Lecture. – Presentation using audiovisuals. – Video-based learning. – Role playing. 	– Daily or weekly quiz. – Students' participation in the lecture, & Practical evaluation. – Seminars. – Daily oral test
9&10	6	<ul style="list-style-type: none"> – Identify the schizophrenia. – Differentiated between positive and negative seen – Identify two other psychotic disorders. – Identify treatment modalities for people with schizophrenia. 	Schizophrenia	<ul style="list-style-type: none"> – Interactive Lecture. – Presentation using audiovisuals. – Video-based learning. – Role playing. 	– Daily or weekly quiz. – Students' participation in the lecture, & Practical evaluation. – Seminars. – Daily oral test

		<ul style="list-style-type: none"> - Identify nursing care for people with schizophrenia. 			
11&12	6	<ul style="list-style-type: none"> - Explain of core concept of mood and affect. - Apply the nursing process to the care of clients and families with mood disorders. - Provide education to clients, families, caregivers, and community members to increase knowledge and understanding of mood disorders. - Define the Suicide and Suicidal behavior and nursing intervention. 	Mood disorder (depression & mania and Suicide)	<ul style="list-style-type: none"> - Interactive Lecture. - Presentation using audiovisuals. - Video-based learning. - Role playing. 	<ul style="list-style-type: none"> - Daily or weekly quiz. - Students' participation in the lecture, & Practical evaluation. - Seminars. - Daily oral test
13	3	<ul style="list-style-type: none"> - Discuss the new trends in substance abuse and explain the need for related prevention programs. - Discuss the nurse's role in dealing with the chemically impaired professional. - Evaluate your feelings, attitudes, and responses to clients and families with substance use and abuse. 	Addiction	<ul style="list-style-type: none"> - Interactive Lecture. - Presentation using audiovisuals. - Video-based learning. - Role playing. 	<ul style="list-style-type: none"> - Daily or weekly quiz. - Students' participation in the lecture, & Practical evaluation. - Seminars. - Daily oral test
14	3	<ul style="list-style-type: none"> - Describe the characteristics of and risk factors for cognitive disorders. - Distinguish between delirium and dementia in terms of symptoms and other related issues. - Apply the nursing process to the care of clients with cognitive disorders. 	Cognitive Disorders	<ul style="list-style-type: none"> - Interactive Lecture. - Presentation using audiovisuals. - Video-based learning. - Role playing. 	<ul style="list-style-type: none"> - Daily or weekly quiz. - Students' participation in the lecture, & Practical evaluation. - Seminars. - Daily oral test

15	3	<ul style="list-style-type: none"> - Describe somatic symptom illnesses and identify their three central features. - Discuss the characteristics and dynamics of specific somatic symptom illnesses. - Distinguish somatic symptom illnesses from factitious disorders and malingering. - Evaluate your feelings, beliefs, and attitudes regarding clients with somatic symptom disorders. 	Somatic Symptom Illnesses	<ul style="list-style-type: none"> - Interactive Lecture. - Presentation using audiovisuals. - Video-based learning. - Role playing. 	<ul style="list-style-type: none"> - Daily or weekly quiz. - Students' participation in the lecture, & Practical evaluation. - Seminars. - Daily oral test
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3. Course Evaluation

Evaluation				Score standard	
Formative	Summative				
Scores	Evaluation methods	Scores	Evaluation methods	Rating	Range
4%	Daily Quizzes	10%	First-Mid-term theoretical exam	Excellent	(90-100)
2%	Seminars	10%	Second- Mid-term exam	Very Good	(80-89)
2%	Reports	10%	Mid-term-practical evaluation	Good	(70-79)
2%	Participation	20%	Final practical exam	Moderate	(60-69)
		40%	Final theoretical exam	Fair	(50-59)
10%	90%			Fail	(less than 50)

4. Learning and Teaching Resources

Required textbooks (curricular books, if any)	<ol style="list-style-type: none"> 1. Videbeck, S. (2020). Psychiatric-mental health nursing. Lippincott Williams & Wilkins. 2. Gorman, L. M., & Anwar, R. (2014). Neeb's Fundamentals of Mental Health Nursing. FA Davis.
Main references (sources)	Videbeck, S. (2018). Psychiatric-mental health nursing Lippincott Williams & Wilkins.
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	<ul style="list-style-type: none"> - https://www.youtube.com/watch?v=WEG6fiRj6OA&list=PL0sx7dVJFLEDQMF8334V6rFPc37R_ZTp6&index=9 - https://www.cdc.gov/mental-health/

رئيس الفرع: م. د. هديل صاحب

فرع تمريض
الصحة النفسية والعقلية



مدرس المادة: ظافر أمين جهاد
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